BEFORE THE ARIZONA MEDICAL BOARD

In the Matter of

DAVID G. STEWART, M.D.

Case No. MD-16-0243A

Holder of License No. 13560

ORDER FOR A LETTER OF

For the Practice of Allopathic Medicine

REPRIMAND AND PROBATION; AND

In the State of Arizona.

CONSENT TO SAME

David G. Stewart, M.D. ("Respondent") elects to permanently waive any right to a

hearing and appeal with respect to this Order for a Letter of Reprimand and Probation;

admits the jurisdiction of the Arizona Medical Board ("Board"); and consents to the entry

of this Order by the Board.

FINDINGS OF FACT

1. The Board is the duly constituted authority for the regulation and control of

the practice of allopathic medicine in the State of Arizona.

2. Respondent is the holder of License No. 13560 for the practice of

allopathic medicine in the State of Arizona.

3. The Board initiated case number MD-16-0243A after receiving a complaint

from Respondent's employer, which is a family practice clinic ("Employer"), regarding

Respondent's professional conduct. The Employer alleged that Respondent exhibited

signs of impairment while treating patients and at other times while present for work.

4. Respondent was referred for a health assessment with the Board's

Physician Health Program ("PHP") Contractor and completed the assessment on March

8, 2016. The PHP Contractor recommended that Respondent enter into and complete

a comprehensive medical, psychiatric, and substance use disorder evaluation.
5. On May 3, 2016, Respondent was issued a confidential Interim Order for Evaluation. On May 13, 2016, Respondent was granted an extension of time to schedule the evaluation to June 10, 2016. Respondent failed to timely schedule the evaluation.

6. On August 8, 2016, Board staff was contacted by Respondent’s Employer who related ongoing concerns relating to Respondent’s behavior in the workplace. On August 16, 2016, Board staff received additional information from Respondent’s Employer indicating that Respondent had been arrested for driving under the influence on or about July 16, 2016. Respondent did not report the arrest to the Board within ten (10) working days as required by law.

7. The aforementioned information was presented to the investigative staff, the medical consultant, and the lead Board member. All reviewed the information and concurred that Respondent should be offered an Interim Consent Agreement for Practice Restriction.

8. Respondent entered into the Interim Consent Agreement for Practice Restriction ("Practice Restriction") on August 19, 2016.

9. Respondent presented for an evaluation at a Board-approved facility on August 28, 2016 and ongoing treatment was recommended. Respondent was discharged from the facility with staff approval on November 27, 2016.

10. On December 14, 2016, the Board received a post-treatment assessment report from the PHP Contractor. The PHP Contractor opined that Respondent is safe to return to the practice of medicine provided he enter into and remain compliant with the PHP for a period of five (5) years.

11. On December 23, 2016, Respondent entered into an Interim Consent Agreement for PHP Participation ("Interim Consent") and the Practice Restriction was vacated.
12. Respondent is currently compliant with the terms and conditions of the Interim Consent.

CONCLUSIONS OF LAW

1. The Board possesses jurisdiction over the subject matter hereof and over Respondent.

2. The conduct and circumstances described above constitute unprofessional conduct pursuant to A.R.S. § 32-1401(27)(f) ("A pattern of using or being under the influence of alcohol or drugs or a similar substance while practicing medicine or to the extent that judgment may be impaired and the practice of medicine detrimentally affected.").

3. The conduct and circumstances described above constitute unprofessional conduct pursuant to A.R.S. § 32-1401(27)(q) ("Any conduct or practice that is or might be harmful or dangerous to the health of the patient or the public.").

4. The conduct and circumstances described above constitute unprofessional conduct pursuant to A.R.S. § 32-1401(27)(s) ("Violating or attempting to violate, directly or indirectly, or assisting in or abetting the violation of or conspiring to violate any provision of this chapter."). Specifically, Respondent's conduct violated A.R.S. § 32-3208(A) which states, "A health professional who has been charged with a misdemeanor involving conduct that may affect patient safety or a felony after receiving or renewing a license or certificate must notify the health professional's regulatory board in writing within ten days after the charge is filed."

ORDER

IT IS HEREBY ORDERED THAT:

1. This Order supersedes all other Orders issued in this matter.

2. Respondent is issued a Letter of Reprimand.
3. Respondent's license is placed on Probation for **five years**\(^1\) and is subject to his continued participation in the Board's Physician Health Program ("PHP") and compliance with the following terms and conditions:

4. Respondent shall not consume alcohol or any food or other substance containing poppy seeds or alcohol. Respondent shall not take any illegal drugs or mood altering medications.

5. Respondent shall attend the PHP Contractor's relapse prevention group therapy sessions one time per week for the duration of this Order, unless excused by the relapse prevention group facilitator for good cause. Individual relapse therapy may be substituted for one or more of the group therapy sessions, if the PHP Contractor pre-approves substitution. The relapse prevention group facilitators or individual relapse prevention therapist shall submit monthly reports to the PHP Contractor regarding attendance and progress.

6. If requested by the PHP Contractor, Respondent shall attend ninety 12-step meetings or other self-help group meetings appropriate for substance abuse and approved by the PHP Contractor, for a period of ninety days. Upon completion of the ninety meetings in ninety days, Respondent shall participate in a 12-step recovery program or other self-help program appropriate for substance abuse as recommended by the PHP Contractor. Respondent shall attend a minimum of three 12-step or other self-help program meetings per week. Two meetings per month must be Caduceus meetings. Respondent must maintain a log of all self-help meetings.

7. Respondent shall promptly obtain a primary care physician and shall submit the name of the physician to the PHP Contractor in writing for approval. The approved primary care physician ("PCP") shall be in charge of providing and

\(^1\) Respondent's PHP participation shall be retroactive to December 23, 2016.
coordinating Respondent's medical care and treatment. Except in an Emergency, Respondent shall obtain medical care and treatment only from the PCP and from health care providers to whom the PCP refers Respondent. Respondent shall promptly provide a copy of this Order to the PCP. Respondent shall also inform all other health care providers who provide medical care or treatment that Respondent is participating in the PHP. "Emergency" means a serious accident or sudden illness that, if not treated immediately, may result in a long-term medical problem or loss of life.

8. All prescriptions for controlled substances shall be approved by the PHP Contractor prior to being filled except in an emergency. Controlled substances prescribed and filled in an emergency shall be reported to the PHP Contractor within 48 hours. Respondent shall take no Medication unless the PCP or other health care provider to whom the PCP refers Respondent prescribes and the PHP Contractor approves the Medication. Respondent shall not self-prescribe any Medication. "Medication" means a prescription-only drug, controlled substance, and over-the-counter preparation, other than plain aspirin, plain ibuprofen, and plain acetaminophen.

9. Respondent shall submit to random biological fluid, hair and nail testing for five years from the date of this Interim Consent Agreement (as specifically directed below) to ensure compliance with the PHP.

10. Respondent shall provide the PHP Contractor in writing with one telephone number that shall be used to contact Respondent on a 24 hour per day/seven day per week basis to submit to biological fluid, hair and/or nail testing to ensure compliance with the PHP. For the purposes of this section, telephonic notice shall be deemed given at the time a message to appear is left at the contact telephone number provided by Respondent. Respondent authorizes any person or organization conducting tests on the collected samples to provide testing results to the PHP.
Contractor. Respondent shall comply with all requirements for biological fluid, hair and/or nail collection. Respondent shall pay for all costs for the testing.

11. Respondent shall provide the PHP Contractor with written notice of any plans to travel out of state.

12. Respondent shall immediately notify the Board and the PHP Contractor in writing of any change in office or home addresses and telephone numbers.

13. Respondent provides full consent for the PHP Contractor to discuss the Respondent’s case with the Respondent’s PCP or any other health care providers to ensure compliance with the PHP.

14. The relationship between the Respondent and the PHP Contractor is a direct relationship. Respondent shall not use an attorney or other intermediary to communicate with the PHP Contractor on participation and compliance issues.

15. Respondent shall be responsible for all costs, including PHP costs associated with participating in the PHP at the time service is rendered, or within 30 days of each invoice sent to the Respondent. An initial deposit of two months PHP fees is due upon entering the program. Failure to pay either the initial PHP deposit or monthly fees 60 days after invoicing will be reported to the Board by the PHP Contractor and may result in disciplinary action.

16. Respondent shall immediately provide a copy of this Order to all employers, hospitals and free standing surgery centers where Respondent currently has or in the future gains employment or privileges. Within 30 days of the date of this Order, Respondent shall provide the PHP Contractor with a signed statement of compliance with this notification requirement. Respondent is further required to notify, in writing, all employers, hospitals and free standing surgery centers where Respondent currently has or in the future gains employment or privileges, of a chemical dependency relapse or a violation of this Order.
17. In the event Respondent resides or practices as a physician in a state other than Arizona, Respondent shall participate in the rehabilitation program sponsored by that state's medical licensing authority or medical society. Respondent shall cause the monitoring state's program to provide written quarterly reports to the PHP regarding Respondent's attendance, participation, and monitoring. The monitoring state's program and Respondent shall immediately notify the PHP if Respondent: a) is non-compliant with any aspect of the monitoring requirements; b) relapses; c) tests positive for controlled substances; d) has low specific gravity urine drug test(s), missed and/or late urine drug tests, or otherwise rejected urine drug tests; and e) is required to undergo any additional treatment.

18. The PHP Contractor shall immediately notify the Board if Respondent is non-compliant with any aspect of the monitoring requirements or this Order.

19. In the event of chemical dependency relapse by Respondent or Respondent's use of controlled substances or alcohol in violation of this Order, Respondent shall promptly enter into an Interim Consent Agreement for Practice Restriction that requires, among other things, that Respondent not practice medicine until such time as Respondent successfully completes long-term inpatient treatment for chemical dependency designated by the PHP and obtains affirmative approval from the Executive Director, in consultation with the Lead Board Member and Chief Medical Consultant, to return to the practice of medicine. Prior to approving Respondent's request to return to the practice of medicine, Respondent may be required to undergo any combination of physical examination, psychiatric or psychological evaluation. In no respect shall the terms of this paragraph restrict the Board's authority to initiate and take disciplinary action for violation of this Order.

20. Respondent shall obey all federal, state and local laws, and all rules governing the practice of medicine in the State of Arizona.
21. Respondent shall appear in person before the Board and/or its staff and the PHP Contractor for interviews upon request, with reasonable notice.

22. Prior to the termination of Probation, Respondent must submit a written request to the Board for release from the terms of this Order. Respondent's request for release will be placed on the next pending Board agenda, provided a complete submission is received by Board staff no less than 30 days prior to the Board meeting. Respondent's request for release must provide the Board with evidence establishing that he has successfully satisfied all of the terms and conditions of this Order. The Board has the sole discretion to determine whether all of the terms and conditions of this Order have been met or whether to take any other action that is consistent with its statutory and regulatory authority.

DATED AND EFFECTIVE this 15th day of September, 2017.

ARIZONA MEDICAL BOARD

By Patricia E. McSorley
Executive Director

CONSENT TO ENTRY OF ORDER

1. Respondent has read and understands this Consent Agreement and the stipulated Findings of Fact, Conclusions of Law and Order ("Order"). Respondent acknowledges he has the right to consult with legal counsel regarding this matter.

2. Respondent acknowledges and agrees that this Order is entered into freely and voluntarily and that no promise was made or coercion used to induce such entry.
3. By consenting to this Order, Respondent voluntarily relinquishes any rights to a hearing or judicial review in state or federal court on the matters alleged, and waives any other cause of action related thereto or arising from said Order.

4. The Order is not effective until approved by the Board and signed by its Executive Director.

5. All admissions made by Respondent are solely for final disposition of this matter and any subsequent related administrative proceedings or civil litigation involving the Board and Respondent. Therefore, said admissions by Respondent are not intended or made for any other use, such as in the context of another state or federal government regulatory agency proceeding, civil or criminal court proceeding, in the State of Arizona or any other state or federal court.

6. Upon signing this agreement, and returning this document (or a copy thereof) to the Board’s Executive Director, Respondent may not revoke the consent to the entry of the Order. Respondent may not make any modifications to the document. Any modifications to this original document are ineffective and void unless mutually approved by the parties.

7. This Order is a public record that will be publicly disseminated as a formal disciplinary action of the Board and will be reported to the National Practitioner's Data Bank and on the Board's web site as a disciplinary action.

8. If any part of the Order is later declared void or otherwise unenforceable, the remainder of the Order in its entirety shall remain in force and effect.

9. If the Board does not adopt this Order, Respondent will not assert as a defense that the Board's consideration of the Order constitutes bias, prejudice, prejudgment or other similar defense.

10. Any violation of this Order constitutes unprofessional conduct and may result in disciplinary action. A.R.S. §§ 32-1401(27)(r) ("[v]iolating a formal order,"
probation, consent agreement or stipulation issued or entered into by the board or its executive director under this chapter.”) and 32-1451.

11. **Respondent has read and understands the conditions of probation.**

[Signature]

DAVID G. STEWART, M.D.

DATED: 8-25-17

EXECUTED COPY of the foregoing mailed this [15th day of September, 2017 to:

DAVID G. STEWART, M.D.
Address of Record

Greenberg and Sucher, P.C.
Address on file

ORIGINAL of the foregoing filed this [15th day of September, 2017 with:

Arizona Medical Board
9545 E. Doubletree Ranch Road
Scottsdale, AZ 85258

[Signature]
Board Staff