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BEFORE THE ARIZONA MEDICAL BOARD

In the Matter of

STEVE FANTO, M.D.

Holder of License No. **21415**
For the Practice of Allopathic Medicine
In the State of Arizona.

**Case No. MD-16-1012A MD-16-1248A
MD-17-0092A MD-17-0388A**

**INTERIM CONSENT AGREEMENT
FOR PRACTICE RESTRICTION**

INTERIM CONSENT AGREEMENT

Steve Fanto, M.D. ("Respondent"), elects to permanently waive any right to a hearing and appeal with respect to this Interim Consent Agreement for Practice Restriction and consents to the entry of this Order by the Arizona Medical Board ("Board").

INTERIM FINDINGS OF FACT

1. The Board is the duly constituted authority for the regulation and control of the practice of allopathic medicine in the State of Arizona.

2. Respondent is the holder of License No. 21415 for the practice of allopathic medicine in the State of Arizona.

3. The Board initiated case number MD-16-1012A after receiving a complaint from a Health Insurer's Special Investigations Unit, stating that Respondent had been identified as excessively prescribing controlled substances and prescribing inappropriate combinations of controlled substances.

4. The Board initiated case number MD-16-1248A after receiving a complaint from a second Health Insurer's Special Investigations Unit, stating that Respondent had been identified as improperly prescribing Subsyst, an immediate release Fentanyl spray indicated for breakthrough pain of adult cancer patients, for two patients without cancer diagnoses.

1 5. The Board initiated case number MD-17-0092A after receiving notification of
2 a malpractice settlement arising out of Respondent's care and treatment of a 41 year-old
3 female patient and alleging improper prescribing of pain medications with poly-drug toxicity
4 resulting in patient death.

5 6. The Board initiated case number MD-17-0388A after receiving information
6 from the Pharmacy Board indicating that Respondent's Controlled Substance Prescription
7 Monitoring Program ("CSPMP") profile was concerning for volume and type of controlled
8 substances prescribed by Respondent.

9 7. A Medical Consultant ("MC") reviewed all cases and identified significant
10 deviations from the standard of care for all cases reviewed.

11 **MD-16-1012A**

12 8. In case MD-16-1012A, the MC reviewed Respondent's care and treatment of
13 a 38 year-old female patient ("MS"), a 53 year-old male patient ("GH"), and a 56 year-old
14 female patient ("SL") for treatment beginning in 2011 through 2016.

15 9. Respondent prescribed long-term high dose opioid medications to all three
16 patients, including methadone to all three patients for their chronic pain complaints. The
17 MC identified deviations from the standard of care for opioid methadone prescribing for all
18 patients.

19 10. With regard to patient MS, the MC found deviations from the standard of
20 care for benzodiazepines, in that Respondent prescribed benzodiazepines for long term
21 use in combination with opioids including methadone, without appropriate rationale.

22 11. The MC found actual harm to Patient MS, who was hospitalized subsequent
23 to an accidental overdose of opioid medications (at up to 2270 mg Morphine Equivalent
24 Daily dosage ("MED") prescribed by Respondent for MS's chronic pain complaints and
25 underwent a lengthy detoxification and rehabilitation with a diagnosis of opioid abuse.

1 Respondent subsequently prescribed Soma to and performed trigger point injections on
2 MS without appropriate rationale.

3 12. The MC found unreasonable potential harm to all three patients in that MS,
4 GH and SL were all at risk for potentially fatal arrhythmias from Respondent's manner of
5 methadone prescribing, and at risk for the potential harms associated with long term opioid
6 use including abuse, addiction, diversion and accidental overdose.

7 **MD-16-1248A**

8 13. In case MD-16-1248A, the MC reviewed Respondent's care and treatment of
9 a 69 year-old female patient ("CC") and a 56 year-old female patient ("DK") for treatment
10 beginning 2011 through 2016.

11 14. Both CC and DK were seen by Respondent for medication management of
12 chronic pain complaints and treated with high-dose opioids, including Subsys. The MC
13 identified deviations from the standard of care for opioid prescribing including that for both
14 patients, Respondent deviated from the standard of care by initiating off-label Subsys
15 treatment at the highest available dose of 800 mcg spray in contravention of manufacturer
16 instructions to initiate treatment at 100 mcg strength.

17 15. For patient DK, the MC noted that Respondent prescribed 120 units of
18 Subsys 800 mcg spray monthly for six months, during which time DK reported only using
19 about 30 such units monthly.

20 16. For patient CC, the MC found that Respondent deviated from the standard of
21 care by prescribing opioids, benzodiazepines and other central nervous system ("CNS")
22 depressants to a patient with sleep apnea, and by failing to take into account an opinion of
23 a pulmonologist who examined CC and expressed concerns regarding Respondent's
24 treatment. The MC identified actual harm to CC, in that Respondent's treatment
25 exacerbated her sleep apnea.

1 17. The MC found unreasonable potential harm to both patients, in that CC and
2 DK were both at risk for potentially fatal arrhythmias from Respondent's manner of
3 methadone prescribing, and at risk for the potential harms associated with long term opioid
4 use including abuse, addiction, diversion and accidental overdose.

5 **MD-17-0092A**

6 18. In case MD-17-0092A, the MC reviewed Respondent's care and treatment of
7 a 40 year-old female patient ("AS") who established care with Respondent on January 17,
8 2012 for a chief complaint of "diffuse pain." Respondent's treatment for AS included
9 prescribing of Demerol, doxepin, oxycodone, promethazine, Soma and Zanaflex. AS
10 continued seeing Respondent through January 22, 2013. Two days after her last visit, AS
11 died, and the Medical Examiner determined the cause of death to be poly-drug toxicity
12 involving the combined effects of prescription medications, including those prescribed by
13 Respondent.

14 19. The MC found that Respondent deviated from the standard of care for his
15 treatment of AS, including that he initiated treatment with injectable Demerol for
16 unsupervised self-administration, despite evidence available to him at the time that the
17 patient had a history of requesting early refills of opioid medications, and abnormal urine
18 drug screens, and an abnormal urine drug screen at the time of AS's initial visit. The MC
19 additionally found that the Respondent deviated from the standard of care by failing to
20 address non-compliant drug use during his treatment of AS and by providing trigger point
21 injections without appropriate indication or appropriate follow-up evaluation. The MC
22 found actual harm in that AS died of acute poly-drug toxicity including oxycodone doxepin
23 and Demerol, all of which were prescribed by Respondent.

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1 **MD-17-0388A**

2 20. In case MD-17-0388A, the MC reviewed Respondent's care and treatment of
3 a 50 year-old male patient ("KV"), who initiated treatment with Respondent in 2012, for
4 care beginning in 2014 through 2016. KV had a prior treatment history with another
5 provider with medications in dosages up to 60 mg MED. Respondent initiated opioid
6 treatment at 420 mg MED, and within two weeks, increased KV's dosage to 510 mg MED.

7 21. As of KV's May 15, 2014 visit, KV's listed medications included Dilaudid,
8 Opana ER, tramadol, and Subsys 800 mcg, twice a day. However, the CSPMP records
9 were negative for tramadol and Dilaudid, but did include Oxycodone 30 mg prescribed by
10 Respondent. As dispensed, KV's medications were 1170 mg MED. On that date, KV's
11 medications also included two benzodiazepines prescribed by a different provider and
12 Nuvigil, a CNS stimulant, prescribed by Respondent.

13 22. The MC identified deviations from the standard of care with regard to
14 Respondent's treatment of KV including that Respondent deviated from the standard of
15 care by initiating off-label Subsys treatment at the highest available dose of 800 mcg spray
16 in contravention of manufacturer instructions to initiate treatment at 100 mcg strength.
17 Respondent also deviated from the standard of care by subsequently increasing KV's
18 dosage of Subsys without proper indication. The MC identified other deviations including
19 that Respondent initiated and escalated opioid medication management for chronic pain
20 without appropriate indication or justification; by failing to appropriately address KV's non-
21 compliant medication usage or sleep apnea; and by prescribing a CNS stimulant without
22 an appropriate diagnosis.

23 23. The MC identified actual harm to KV, in that Respondent's treatment
24 perpetuated ongoing iatrogenic physical and emotional dependence on ultra-high dose
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1 opioid medication. The MC stated that KV was at risk for the potential harms associated
2 with long term opioid use including abuse, addiction, diversion and accidental overdose.

3 24. For all files reviewed, the MC noted that the records were often verbatim
4 from visit to visit, with almost no new information for significant periods of time, and
5 medications were adjusted and increased with little documented rationale regarding the
6 medical necessity.

7 25. Respondent disputes the findings and conclusions of the MC.

8 26. The aforementioned information was presented to the investigative staff, the
9 medical consultant and the lead Board member. All reviewed the information and concur
10 that the interim consent agreement to restrict Respondent's practice is appropriate.

11 27. The investigation into this matter is pending and will be provided to the Board
12 promptly upon completion for review and action.

13 **INTERIM CONCLUSIONS OF LAW**

14 1. The Board possesses jurisdiction over the subject matter hereof and over
15 Respondent.

16 2. Pursuant to A.R.S. § 32-1405(C)(25) the Executive Director has authority to
17 enter into a consent agreement when there is evidence of danger to the public health and
18 safety.

19 3. Pursuant to A.A.C. R4-16-504, the Executive Director may enter into an
20 interim consent agreement when there is evidence that a restriction is needed to mitigate
21 imminent danger to the public's health and safety. Investigative staff, the Board's medical
22 consultant and the lead Board member have reviewed the case and concur that an interim
23 consent agreement is appropriate.

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1 **INTERIM ORDER**

2 IT IS HEREBY ORDERED THAT:

3 1. Respondent is prohibited from engaging in the practice of medicine in the
4 State of Arizona as set forth in A.R.S. § 32-1401(22) until he applies to the Board and
5 receives permission to do.

6 2. Respondent may request, in writing, release and/or modification of this
7 Interim Consent Agreement. The Board has the discretion to determine whether it is
8 appropriate to release Respondent from this Interim Consent Agreement based on the
9 totality of information available to the Board at the time of the request. The Board may
10 order any combination of assessments or examinations in order to determine whether
11 Respondent is safe to practice medicine in Arizona prior to modification or release of this
12 Interim Consent Agreement. Respondent shall be responsible for all costs associated with
13 any assessments and/or examinations.

14 3. The Board retains jurisdiction and may initiate new action based upon any
15 violation of this Interim Consent Agreement, including, but not limited to, summarily
16 suspending Respondent's license or forwarding the matter to Formal Hearing for
17 proceedings to revoke Respondent's license.

18 4. Because this is an Interim Consent Agreement and not a final decision by
19 the Board regarding the pending investigation, it is subject to further consideration by the
20 Board. Once the investigation is complete, it will be promptly provided to the Board for its
21 review and appropriate action.

22 5. This Interim Consent Agreement shall be effective on the date signed by the
23 Board's Executive Director.

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RECITALS

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Respondent understands and agrees that:

1. The Board, through its Executive Director, may adopt this Interim Consent Agreement, or any part thereof, pursuant to A.R.S. § 32-1405(C)(25) and A.A.C. R4-16-504.

2. Respondent has read and understands this Interim Consent Agreement as set forth herein, and has had the opportunity to discuss this Interim Consent Agreement with an attorney or has waived the opportunity to discuss this Interim Consent Agreement with an attorney. Respondent voluntarily enters into this Interim Consent Agreement and by doing so agrees to abide by all of its terms and conditions.

3. By entering into this Interim Consent Agreement, Respondent freely and voluntarily relinquishes all rights to an administrative hearing on the matters set forth herein, as well as all rights of rehearing, review, reconsideration, appeal, judicial review or any other administrative and/or judicial action, concerning the matters related to the Interim Consent Agreement.

4. Respondent understands that this Interim Consent Agreement does not constitute a dismissal or resolution of this matter or any matters that may be currently pending before the Board and does not constitute any waiver, express or implied, of the Board's statutory authority or jurisdiction regarding this or any other pending or future investigations, actions, or proceedings. Respondent also understands that acceptance of this Interim Consent Agreement does not preclude any other agency, subdivision, or officer of this State from instituting civil or criminal proceedings with respect to the conduct that is the subject of this Interim Consent Agreement. Respondent further does not

1 relinquish his rights to an administrative hearing, rehearing, review, reconsideration,
2 judicial review or any other administrative and/or judicial action, concerning the matters
3 related to a final disposition of this matter, unless he affirmatively does so as part of the
4 final resolution of this matter.

5 5. Respondent acknowledges and agrees that upon signing this Interim
6 Consent Agreement and returning it to the Board's Executive Director, Respondent may
7 not revoke his acceptance of this Interim Consent Agreement or make any modifications to
8 it. Any modification of this original document is ineffective and void unless mutually
9 approved by the parties in writing.

10 6. Respondent understands that this Interim Consent Agreement shall not
11 become effective unless and until it is signed by the Board's Executive Director.

12 7. Respondent understands and agrees that if the Board's Executive Director
13 does not adopt this Interim Consent Agreement, he will not assert in any future
14 proceedings that the Board's consideration of this Interim Consent Agreement constitutes
15 bias, prejudice, prejudgment, or other similar defense.

16 8. Respondent understands that this Interim Consent Agreement is a public
17 record that may be publicly disseminated as a formal action of the Board, and that it shall
18 be reported as required by law to the National Practitioner Data Bank.

19 9. Respondent understands that this Interim Consent Agreement does not
20 alleviate his responsibility to comply with the applicable license-renewal statutes and rules.
21 If this Interim Consent Agreement remains in effect at the time Respondent's allopathic
22 medical license comes up for renewal, he must renew his license if Respondent wishes to
23 retain his license. If Respondent elects not to renew his license as prescribed by statute
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1 and rule, Respondent's license will not expire but rather, by operation of law (A.R.S. § 32-
2 3202), become suspended until the Board takes final action in this matter. Once the
3 Board takes final action, in order for Respondent to be licensed in the future, he must
4 submit a new application for licensure and meet all of the requirements set forth in the
5 statutes and rules at that time.

6 10. Respondent understands that any violation of this Interim Consent
7 Agreement constitutes unprofessional conduct under A.R.S. § 32-1401(27)(r) ("[v]iolating a
8 formal order, probation, consent agreement or stipulation issued or entered into by the
9 board or its executive director under this chapter").

10
11 *Steve Fanto*
12 STEVE FANTO, M.D.

DATED: 7/11/17

13 DATED this 11 day of July, 2017.
14 12
pm

ARIZONA MEDICAL BOARD
15 By *Patricia E. McSorley*
16 Patricia E. McSorley
Executive Director

17 EXECUTED COPY of the foregoing e-mailed
18 this 12th day of July, 2017 to:

19 Steve Fanto, M.D.
Address of Record

20 ORIGINAL of the foregoing filed
21 this 12th day of July, 2017 with:

22 Arizona Medical Board
23 9545 E. Doubletree Ranch Road
Scottsdale, AZ 85258

24 *Mary Foley*
25 Board staff