BEFORE THE ARIZONA MEDICAL BOARD

In the Matter of

STEVEN M. RAYLE, M.D.

Case No. MD-15-1050A
MD-15-1213A

Holder of License No. 17733
For the Practice of Allopathic Medicine
In the State of Arizona.

ORDER FOR A LETTER OF
REPRIMAND AND PROBATION;
AND CONSENT TO THE SAME

Steven M. Rayle, M.D. ("Respondent") elects to permanently waive any right to a hearing and appeal with respect to this Order for a Letter of Reprimand and Probation; admits the jurisdiction of the Arizona Medical Board ("Board"); and consents to the entry of this Order by the Board.

FINDINGS OF FACT

1. The Board is the duly constituted authority for the regulation and control of the practice of allopathic medicine in the State of Arizona.

2. Respondent is the holder of License No. 17733 for the practice of allopathic medicine in the State of Arizona.

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3. The Board initiated case number MD-15-1050A after receiving a complaint from a Tucson pharmacy stating that Respondent picked up a prescription for a controlled medication for a friend (Patient 1) that had been prescribed by Respondent.


5. The standard of care requires a physician to document a patient evaluation, including history and physical examination adequate to establish a diagnosis, identify underlying conditions, and monitor for effectiveness, side effects, and adverse effects of
the medication. Respondent deviated from the standard of care by repeatedly prescribing medications to Patient 1 without documenting a history and/or physical exam, and without monitoring for efficacy, side effects or adverse outcomes.

6. There was potential for patient harm in that Patient 1 could have suffered untoward events due to inappropriate prescribing and lack of monitoring. In addition, the prescribing may have prevented Patient 1 from receiving consistent care from a primary care physician.

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7. The Board initiated case number MD-15-1213A after receiving a report from the Physician Health Program ("PHP") Contractor stating that Respondent had become non-compliant with his December 17, 2015 confidential Stipulated Rehabilitation Agreement ("SRA").

8. In addition to the report from the PHP Contractor, Respondent also disclosed other health concerns.

9. The aforementioned information was presented to the investigative staff, the medical consultant and the lead Board member. All reviewed the information and concurred that an interim consent agreement to limit Respondent’s practice was appropriate. Respondent entered into an Interim Consent Agreement for Practice Limitation on October 13, 2015.

10. Respondent presented for treatment on October 29, 2015 and was successfully discharged with staff approval on February 25, 2016.

11. Since completing treatment, Respondent has been fully compliant with monitoring as reported by the PHP Contractor. All drug screens have been valid and negative, and Respondent has continued with psychiatric care.
12. The PHP Contractor has opined that Respondent is safe to return to the practice of medicine provided that he enroll in and remain compliant with the PHP for a period of five (5) years with psychiatric requirements, retroactive to December 17, 2013.

13. On July 18, 2016, Respondent entered into an Interim Consent Agreement for participation in the Board’s PHP with psychiatric requirements.

14. On July 20, 2016, Respondent’s Interim Consent Agreement for Practice Limitation was vacated.

15. Respondent has continued to be compliant with the terms of his July 18, 2016 Interim Consent Agreement.

CONCLUSIONS OF LAW

1. The Board possesses jurisdiction over the subject matter hereof and over Respondent.

2. The conduct and circumstances described above constitute unprofessional conduct pursuant to A.R.S. § 32-1401(27)(e) ("Failing or refusing to maintain adequate records on a patient.").

3. The conduct and circumstances described above constitute unprofessional conduct pursuant to A.R.S. § 32-1401(27)(q) ("Any conduct or practice that is or might be harmful or dangerous to the health of the patient or the public.").

4. The conduct and circumstances described above constitute unprofessional conduct pursuant to A.R.S. § 32-1401(27)(r) ("Violating a formal order, probation, consent agreement or stipulation issued or entered into by the board or its executive director under the provisions of this chapter.").

ORDER

IT IS HEREBY ORDERED THAT:

1. This Order supersedes all other Orders issued in this matter.

2. Respondent is issued a Letter of Reprimand.
3. Respondent’s license is placed on Probation for **five years**\(^1\) and is subject to his continued participation in the Board’s Physician Health Program ("PHP") and compliance with the following terms and conditions:

4. Respondent shall not consume alcohol or any food or other substance containing poppy seeds or alcohol.

5. Respondent shall not take any illegal drugs or mood altering medications.

6. Respondent shall enter into treatment with a PHP Contractor approved psychiatrist and shall comply with any and all treatment recommendations, including taking any and all prescribed medications. Respondent shall instruct the treating psychiatrist to submit quarterly reports to the PHP Contractor regarding diagnosis, prognosis, current medications, recommendation for continuing care and treatment, and ability to safely practice medicine. The reports shall be submitted quarterly to the PHP Contractor, the commencement of which to be determined by the PHP Contractor. Respondent shall provide the psychiatrist with a copy of this Order. Respondent shall pay the expenses for treatment and be responsible for paying for the preparation of the quarterly reports.

7. Respondent shall attend the PHP’s relapse prevention group therapy sessions one time per week for the duration of this Order, unless excused by the relapse prevention group facilitator for good cause. Individual relapse therapy may be substituted for one or more of the group therapy sessions, if PHP pre-approves substitution. The relapse prevention group facilitators or individual relapse prevention therapist shall submit monthly reports to the PHP regarding attendance and progress.

8. If requested by the PHP Contractor, Respondent shall attend ninety 12-step meetings or other self-help group meetings appropriate for substance abuse and approved by the PHP Contractor, for a period of ninety days. Upon completion of the ninety ————————————

\(^1\) Respondent’s PHP participation shall be retroactive to December 17, 2013.
meetings in ninety days, Respondent shall participate in a 12-step recovery program or
other self-help program appropriate for substance abuse as recommended by the PHP
Contractor. Respondent shall attend a minimum of three 12-step or other self-help
program meetings per week. Two meetings per month must be Caduceus meetings.
Respondent must maintain a log of all self-help meetings.

9. Respondent shall promptly obtain a primary care physician and shall submit
the name of the physician to the PHP Contractor in writing for approval. The approved
primary care physician ("PCP") shall be in charge of providing and coordinating
Respondent's medical care and treatment. Except in an Emergency, Respondent shall
obtain medical care and treatment only from the PCP and from health care providers to
whom the PCP refers Respondent. Respondent shall promptly provide a copy of this
Order to the PCP. Respondent shall also inform all other health care providers who
provide medical care or treatment that Respondent is participating in the PHP.
"Emergency" means a serious accident or sudden illness that, if not treated immediately,
may result in a long-term medical problem or loss of life.

10. All prescriptions for controlled substances shall be approved by the PHP
Contractor prior to being filled except in an Emergency. Controlled substances prescribed
and filled in an emergency shall be reported to the PHP within 48 hours. Respondent shall
take no Medication unless the PCP or other health care provider to whom the PCP refers
Respondent prescribes and the PHP Contractor approves the Medication. Respondent
shall not self-prescribe any Medication. "Medication" means a prescription-only drug,
controlled substance, and over-the-counter preparation, other than plain aspirin, plain
ibuprofen, and plain acetaminophen.

11. Respondent shall submit to random biological fluid, hair and/or nail testing
for the duration of this Order (as specifically directed below) to ensure compliance with the
PHP.
12. Respondent shall provide the PHP Contractor in writing with one telephone number that shall be used to contact Respondent on a 24 hour per day/seven day per week basis to submit to biological fluid, hair and nail testing to ensure compliance with the PHP. For the purposes of this section, telephonic notice shall be deemed given at the time a message to appear is left at the contact telephone number provided by Respondent. Respondent authorizes any person or organization conducting tests on the collected samples to provide testing results to the PHP Contractor. Respondent shall comply with all requirements for biological fluid, hair and/or nail collection. Respondent shall pay for all costs for the testing.

13. Respondent shall provide the PHP Contractor with written notice of any plans to travel out of state.

14. Respondent shall immediately notify the Board and the PHP Contractor in writing of any change in office or home addresses and telephone numbers.

15. Respondent provides full consent for the PHP Contractor to discuss the Respondent’s case with the Respondent’s PCP or any other health care providers to ensure compliance with the PHP.

16. The relationship between the Respondent and the PHP Contractor is a direct relationship. Respondent shall not use an attorney or other intermediary to communicate with the PHP Contractor on participation and compliance issues.

17. Respondent shall be responsible for all costs, including costs associated with participating in the PHP at the time service is rendered, or within 30 days of each invoice sent to the Respondent. An initial deposit of two months PHP fees is due upon entering the program. Failure to pay either the initial PHP deposit or monthly fees 60 days after invoicing will be reported to the Board by the PHP Contractor and may result in disciplinary action.
18. Respondent shall immediately provide a copy of this Order to all employers, hospitals and free standing surgery centers where Respondent currently has or in the future gains or applies for employment or privileges. Within 30 days of the date of this Order, Respondent shall provide the PHP Contractor with a signed statement of compliance with this notification requirement. Respondent is further required to notify, in writing, all employers, hospitals and free standing surgery centers where Respondent currently has or in the future gains or applies for employment or privileges, of a chemical dependency relapse or a violation of this Order.

19. In the event Respondent resides or practices as a physician in a state other than Arizona, Respondent shall participate in the rehabilitation program sponsored by that state's medical licensing authority or medical society. Respondent shall cause the monitoring state's program to provide written quarterly reports to the PHP Contractor regarding Respondent's attendance, participation, and monitoring. The monitoring state's program and Respondent shall immediately notify the PHP Contractor if Respondent: a) is non-compliant with any aspect of the monitoring requirements; b) relapses; c) tests positive for controlled substances; d) has low specific gravity urine drug test(s), missed and/or late urine drug tests, or otherwise rejected urine drug tests; and e) is required to undergo any additional treatment.

20. The PHP Contractor shall immediately notify the Board if Respondent is non-compliant with any aspect of the monitoring requirements or this Order.

21. In the event of chemical dependency relapse by Respondent or Respondent's use of controlled substances or alcohol in violation of this Order, Respondent shall promptly enter into an Interim Consent Agreement for Practice Restriction that requires, among other things, that Respondent not practice medicine until such time as Respondent successfully completes long-term inpatient treatment for chemical dependency designated by the PHP and obtains affirmative approval from the
Executive Director, in consultation with the Lead Board Member and Chief Medical Consultant, to return to the practice of medicine. Prior to approving Respondent's request to return to the practice of medicine, Respondent may be required to undergo any combination of physical examination, psychiatric or psychological evaluation. In no respect shall the terms of this paragraph restrict the Board's authority to initiate and take disciplinary action for violation of this Order.

22. Respondent shall obey all federal, state and local laws, and all rules governing the practice of medicine in the State of Arizona.

23. Respondent shall appear in person before the Board and/or its staff and the PHP Contractor for interviews upon request, with reasonable notice.

24. Prior to the termination of Probation, Respondent must submit a written request to the Board for release from the terms of this Order. Respondent's request for release will be placed on the next pending Board agenda, provided a complete submission is received by Board staff no less than 14 days prior to the Board meeting. Respondent's request for release must provide the Board with evidence establishing that he has successfully satisfied all of the terms and conditions of this Order. The Board has the sole discretion to determine whether all of the terms and conditions of this Order have been met or whether to take any other action that is consistent with its statutory and regulatory authority.

DATED AND EFFECTIVE this 3rd day of August, 2017.

ARIZONA MEDICAL BOARD

By Patricia E. McSorley
Executive Director
CONSENT TO ENTRY OF ORDER

1. Respondent has read and understands this Consent Agreement and the stipulated Findings of Fact, Conclusions of Law and Order ("Order"). Respondent acknowledges he has the right to consult with legal counsel regarding this matter.

2. Respondent acknowledges and agrees that this Order is entered into freely and voluntarily and that no promise was made or coercion used to induce such entry.

3. By consenting to this Order, Respondent voluntarily relinquishes any rights to a hearing or judicial review in state or federal court on the matters alleged, and waives any other cause of action related thereto or arising from said Order.

4. The Order is not effective until approved by the Board and signed by its Executive Director.

5. All admissions made by Respondent are solely for final disposition of this matter and any subsequent related administrative proceedings or civil litigation involving the Board and Respondent. Therefore, said admissions by Respondent are not intended or made for any other use, such as in the context of another state or federal government regulatory agency proceeding, civil or criminal court proceeding, in the State of Arizona or any other state or federal court.

6. Upon signing this agreement, and returning this document (or a copy thereof) to the Board's Executive Director, Respondent may not revoke the consent to the entry of the Order. Respondent may not make any modifications to the document. Any modifications to this original document are ineffective and void unless mutually approved by the parties.

7. This Order is a public record that will be publicly disseminated as a formal disciplinary action of the Board and will be reported to the National Practitioner's Data Bank and on the Board's web site as a disciplinary action.
8. If any part of the Order is later declared void or otherwise unenforceable, the
remainder of the Order in its entirety shall remain in force and effect.

9. If the Board does not adopt this Order, Respondent will not assert as a
defense that the Board's consideration of the Order constitutes bias, prejudice,
prejudgment or other similar defense.

10. Any violation of this Order constitutes unprofessional conduct and may result
in disciplinary action. A.R.S. §§ 32-1401(27)(t) ("[v]iolating a formal order, probation,
consent agreement or stipulation issued or entered into by the board or its executive
director under this chapter.") and 32-1451.

11. Respondent has read and understands the conditions of probation.

[Signature]

STEVEN M. RAYLE, M.D.

DATED: 7-14-17

EXECUTED COPY of the foregoing mailed
this ___ day of August, 2017 to:

Steven M. Rayle, M.D.
Address of Record

Greenberg and Sucher, P.C.
Address on file

ORIGINAL of the foregoing filed
this ___ day of August, 2017 with:

Arizona Medical Board
9545 E. Doubletree Ranch Road
Scottsdale, AZ 85258

[Signature]

Board staff